

Press Release
For Immediate Release

**The HKAPA School of Dance Presents Jockey Club Dance Well Project
Annual Sharing 2023**

(October 31, 2023) The Hong Kong Academy for Performing Arts (HKAPA) is pleased to announce that the **Jockey Club Dance Well Project – Annual Sharing 2023** will take place on November 16, 2023 at the Main Campus of the Academy in Wanchai. This event marks a significant moment of the **Jockey Club Dance Well Project** (the Project), a three-year creative dance programme funded by The Hong Kong Jockey Club Charities Trust which aims to empower individuals with Parkinson's disease through artistic and creative expression.

The Jockey Club Dance Well Project Annual Sharing 2023 will provide a platform for mutual exchange and learning and for gaining further insights into the use of the arts to enhance the lives of individuals with Parkinson's disease. The event will focus on collaboration and experience sharing, featuring discussions between professionals in the arts, social welfare, and medical fields.

The event will showcase the incredible progress achieved by the Project participants, who have experienced psychological and physical empowerment, and formed a resilient and supportive community, fostering solidarity and personal growth through the Project. Attendees will have the opportunity to engage in discussions that bridge the gap between arts, social welfare, and healthcare, ultimately shaping a brighter future where dance serves as a catalyst for positive change in the lives of those with Parkinson's disease.

“We believe in the transformative power of dance, and the Jockey Club Dance Well Project Annual Sharing allows us to celebrate the progress and achievements of our participants,” said Anna CY Chan, Project Director of the Jockey Club Dance Well Project and Dean of Dance, HKAPA. “We invite everyone to join us for this inspiring event as we explore ways to improve the lives of individuals with Parkinson's through artistic expression and community engagement.”

Event Details:

Jockey Club Dance Well Project Annual Sharing 2023:

Together, we dance and share with the Parkinson's our precious moments

Date/Time: Thursday, November 16, 2023 10:30 – 13:00

Location: Dance Studio 1, 4/F, The Hong Kong Academy for Performing Arts, Wanchai Main Campus

Language: Cantonese, English and Putonghua (Simultaneous interpretation in Cantonese and English will be provided.)

Free Admission

Programme Details

10:30 – 10:40	Opening Remarks
10:40 – 11:00	Dance Well and its Network Roberto Casarotto, Initiator, Dance Well & Co-director, Aerowaves
11:00 – 11:20	Dancing with Parkinson's – A Global Perspective Sara Houston, Professor (Dance and Community Engagement), School of Arts, University of Roehampton
11:20 – 11:40	Benefits of Dance for Parkinson's – A Local Perspective Jake Ngo, Lecturer (Dance Science), School of Dance, HKAPA Heidi Yu, Lecturer (Dance Science), School of Dance, HKAPA
11:40 – 12:00	Panel Discussion 1: Dancing as Alternative to the Wellbeing in Parkinson's Speakers: <ol style="list-style-type: none"> 1. Au Wing Chi Lisa, Specialist in Neurology 2. Duncan Lam, Jockey Club Dance Well Project dancer 3. Man Si I Mansi, Project Manager, Jockey Club Movin' Care for Parkinson's Disease Project - Community Co-care Service, The Hong Kong Society for Rehabilitation 4. Connie Wong, Vice President, Hong Kong Parkinson's Disease Association & Jockey Club Dance Well Project dancer Moderator: Lau Tin Ming, Senior Manager (Dance), HKAPA
12:00 – 12:20	Panel Discussion 2: Museum as a Wellbeing Hub Speakers: <ol style="list-style-type: none"> 1. Eugenia Law, Assistant Curator of Learning and Community, Centre for Heritage, Arts and Textile 2. Gigi Leung, Curator, Learning and Engagement, M+ Moderator: Lau Tin Ming, Senior Manager (Dance), HKAPA
12:20 – 12:40	Panel Discussion 3: Artistic Growth and the Community Speakers: <ol style="list-style-type: none"> 1. Frankie Ho, Teaching Artist, Jockey Club Dance Well Project 2. Yao Wei, Teaching Artist, Jockey Club Dance Well Project 3. Eddy Zee, Project Director, No Limits Moderator: Anna CY Chan, Dean, School of Dance, HKAPA
12:40 – 12:45	Closing Remarks

Event website and registration: <https://jcdancewell.hkapa.edu/activities/annual-sharing/>
For inquiries: 5990-2223

與柏金遜症共舞 分享觸動時光

賽馬會「觸動」舞蹈計劃 Jockey Club Dance Well Project

Annual Sharing 2023 年度分享會

16.11 10:30 / 1:00

香港演藝學院1號舞蹈室 HKAPA, Dance Studio 1

公眾均歡迎參與 Open to the public

Co-located by: The Hong Kong Academy for Performing Arts 香港演藝學院

Partnership by: 香港賽馬會慈善發展基金 The Hong Kong Jockey Club Charities Trust

Together, we dance and share with the Parkinson's our precious moments



Dance Well class at artistic space

Location: M+



Dance Well classes of the Jockey Club Dance Well Project help open up interpersonal relationships in combating the isolation that often accompanies Parkinson's disease.

Location: Hong Kong Heritage Museum

Chinese Opera
戲曲

Dance
舞蹈

Drama
戲劇

Film & Television
電影電視

Music
音樂

Theatre & Entertainment Arts
舞台及製作藝術

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www.hkapa.edu

About the Jockey Club Dance Well Project

Initiated by the HKAPA School of Dance in partnership with Dance Well Italy and funded by the Hong Kong Jockey Club Charities Trust, the three-year Jockey Club Dance Well Project invites local dance artists to lead dance experiences in artistic spaces for those with Parkinson's disease. The project comprises a train-the-trainer programme, community dance workshops, presentations, and an impact study on the sustainable development of dance in the Hong Kong. The World Health Organization Report recognises the benefits of the Dance Well approach to promoting the psycho-physical well-being of people with Parkinson's disease, helping to creatively address their symptom-specific concerns.

About The Hong Kong Academy for Performing Arts (www.hkapa.edu)

The Hong Kong Academy for Performing Arts (HKAPA), established by The Hong Kong Academy for Performing Arts Ordinance in 1984, is a leading tertiary institution in the performing arts in Asia. It provides professional undergraduate education and practice-based postgraduate studies. The study encompasses Chinese Opera, Dance, Drama, Film and Television, Music, and Theatre and Entertainment Arts. Its educational philosophy reflects the cultural diversity of Hong Kong with emphasis on Chinese and Western traditions, and interdisciplinary learning. Since 2008, the Academy has attained the Programme Area Accreditation (PAA) status awarded by the Hong Kong Council for Accreditation of Academic and Vocational Qualifications (HKCAAVQ) to self-monitor and accredit its own undergraduate and post-secondary programmes in the five programme areas of Dance, Drama, Film and Television, Music, and Theatre and Entertainment Arts. Since 2016, the PAA status has been extended to cover Master's Degree programmes and below; and since 2023, the programmes operated by the School of Chinese Opera accredited by HKCAAVQ has also received PAA status for its post-secondary and undergraduate programmes.

Besides the main campus in Wanchai, Béthanie, the site of the Academy's Landmark Heritage Campus in Pokfulam, has housed training facilities for the School of Film and Television since 2006.

In the QS University Rankings announced in 2023, the Academy ranks 1st in Asia and 13th in the world in the Performing Arts category.

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Remarks:

All the content of works are independently produced by the organiser/creative team, and do not reflect the views or opinions of the Project nor the Funder.