

Press Release

Immediate Release

The HKAPA School of Dance School Presents Jockey Club Dance Well Project Showcase – *Dancing Park: Together we dance with Parkinson's*

(February 17, 2025) The Hong Kong Academy for Performing Arts (HKAPA) is pleased to announce that the **Jockey Club Dance Well Project Showcase – *Dancing Park*** will be held on March 15 and 16, 2025, at the Hong Kong Jockey Club Amphitheatre of HKAPA. This showcase marks the successful outcome of the **Jockey Club Dance Well Project** (Dance Well), a creative dance project designed for individuals with Parkinson's disease as well as people of diverse ages and backgrounds, generously funded by The Hong Kong Jockey Club Charities Trust and organised by the School of Dance of HKAPA. Over the past three years, Dance Well brought numerous participants to various artistic spaces, such as galleries, museums, and performance venues, to fully explore the unique possibilities of their bodies and dance with Parkinson's.

Dancing Park features two captivating dance pieces brought to the stage by 30 Dance Well dancers: "The Rest" and "Travelogue." Choreographer of "Travelogue" - Frankie Ho stated, "After several months of rehearsals, we have seen significant progress in the participants' body coordination and control, and we are delighted to witness them uncovering more dance vocabulary and liberating their bodies more freely." The dancers will eloquently narrate personal and collective stories during the performance, sharing this artistic journey. Furthermore, the project's research findings will be announced, shedding light on the various impacts dance has on individuals with Parkinson's disease, including enhancements to their physical functions, mental well-being, and interpersonal relationships.

Dancing Park is a place where determination and creativity intersect. We not only applaud the artistic achievements of the Dance Well dancers but also firmly believe that everyone is an artist who can express themselves through dance. You are sincerely invited to witness the transformative power of dance. Each dancer will shine on stage, sharing stories, embracing beauty, and embodying the beauty that radiates from within.

Jockey Club Dance Well Project Showcase – *Dancing Park*

Venue: The Hong Kong Jockey Club Amphitheatre, Wanchai Main Campus, The Hong Kong Academy for Performing Arts

Date: March 15 (Saturday) and 16 (Sunday), 2025

Time: 3:00 pm

Tickets: Free registration online (<https://art-mate.net/doc/81560>)

About the Jockey Club Dance Well Project (<https://jcdancewell.hkapa.edu>)

Initiated by the HKAPA School of Dance in partnership with Dance Well Italy and funded by the Hong Kong Jockey Club Charities Trust, the three-year Jockey Club Dance Well Project invites local dance artists to lead dance experiences in artistic spaces for those with Parkinson's disease. The project comprises a train-the-trainer programme, community dance workshops, sharings and showcases, and an impact study on the sustainable development of dance in Hong Kong. The World Health Organization Report recognises the benefits of the Dance Well approach to promoting the psycho-physical well-being of people with Parkinson's disease, helping to creatively address their symptom-specific concerns.

About The Hong Kong Academy for Performing Arts (<http://www.hkapa.edu/>)

The Hong Kong Academy for Performing Arts (HKAPA), established by The Hong Kong Academy for Performing Arts Ordinance in 1984, is a leading tertiary institution in the performing arts in Asia. It provides professional undergraduate education and practice-based postgraduate studies. The study encompasses Chinese Opera, Dance, Drama, Film and Television, Music, and Theatre and Entertainment Arts. Its educational philosophy reflects the cultural diversity of Hong Kong with emphasis on Chinese and Western traditions, and interdisciplinary learning.

Since 2008, the Academy has attained the Programme Area Accreditation (PAA) status awarded by the Hong Kong Council for Accreditation of Academic and Vocational Qualifications (HKCAAVQ) to self-monitor and accredit its own undergraduate and post-secondary programmes in the five programme areas of Dance, Drama, Film and Television, Music, and Theatre and Entertainment Arts. Since 2016, the PAA status has been extended to cover Master's Degree programmes and below; and since 2023, the programmes operated by the School of Chinese Opera accredited by HKCAAVQ has also received PAA status for its post-secondary and undergraduate programmes.

Besides the main campus in Wanchai, Béthanie, the site of the Academy's Landmark Heritage Campus in Pokfulam, has housed training facilities for the School of Film and Television since 2006.

In the QS University Rankings announced in 2024, the Academy ranks 1st in Asia in the Performing Arts category.

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Remarks:

All the content of works is independently produced by the organiser/creative team, and does not reflect the views or opinions of the Project nor the Funder.

賽馬會「觸動」舞蹈計劃
Jockey Club Dance Well Project

The Hong Kong Academy for Performing Arts
Hong Kong Jockey Club Amphitheatre

15—16.3.2025 15:00

柏遊記

與柏金遜症共舞

Together we dance with Parkinson's

Dancing Park

Organised by
The Hong Kong Academy for Performing Arts
香港演藝學院

Funded by
香港賽馬會慈善信託基金
The Hong Kong Jockey Club Charities Trust

140 YEARS

香港演藝學院香港賽馬會演藝劇院

Chinese Opera
戲曲

Dance
舞蹈

Drama
戲劇

Film & Television
電影電視

Music
音樂

Theatre & Entertainment Arts
舞台及製作藝術

Main Campus : 1 Gloucester Road, Wanchai, Hong Kong
Béthanie Campus : 139 Pokfulam Road, Hong Kong
Tel : (852)2584 8500 Fax : (852)2802 4372

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Dance Well Classes can complement traditional occupational therapy, encouraging Parkinson's disease patients to respond to their specific symptoms in creative ways.

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Dance Well Classes bring positive energy to participants, helping them break out of feelings of loneliness and see their limitations as opportunities for change.

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Dancing Park will bring two spectacular performances featuring 30 Dance Well dancers.

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